

Variable	Mean	SD	Min	Max
Age (years)	45.5	10.5	25	65
Gender (male/female)	15/15	0	0	30
Education (years)	12.5	2.5	8	16
Occupation (white/blue)	10/10	0	0	20
Marital status (married/divorced)	10/5	0	0	15
Income (€1000/month)	1.5	0.5	0.5	2.5
Health status (good/poor)	10/10	0	0	20
Smoking status (smoker/non-smoker)	10/10	0	0	20
Alcohol consumption (g/day)	10	10	0	50
Physical activity (hours/week)	1.5	1.5	0	5
Stress level (low/high)	10/10	0	0	20
Sleep quality (good/poor)	10/10	0	0	20
Dietary intake (kcal/day)	2000	500	1500	2500
Exercise frequency (times/week)	1.5	1.5	0	5
Work hours (hours/week)	40	10	20	60
Family size (number of children)	1.5	1.5	0	5
Home ownership (owner/renter)	10/10	0	0	20
Travel frequency (times/month)	1.5	1.5	0	5
Health insurance (yes/no)	10/10	0	0	20
Chronic diseases (yes/no)	10/10	0	0	20
Medication use (yes/no)	10/10	0	0	20
Healthcare visits (times/year)	1.5	1.5	0	5
Healthcare costs (€1000/year)	1.5	1.5	0	5
Healthcare satisfaction (satisfied/dissatisfied)	10/10	0	0	20
Healthcare accessibility (easy/difficult)	10/10	0	0	20
Healthcare quality (good/poor)	10/10	0	0	20
Healthcare safety (safe/unsafe)	10/10	0	0	20
Healthcare effectiveness (effective/ineffective)	10/10	0	0	20
Healthcare equity (equitable/unequitable)	10/10	0	0	20
Healthcare transparency (transparent/opaque)	10/10	0	0	20
Healthcare accountability (accountable/unaccountable)	10/10	0	0	20
Healthcare responsiveness (responsive/unresponsive)	10/10	0	0	20
Healthcare patient-centeredness (patient-centered/not patient-centered)	10/10	0	0	20
Healthcare community participation (participatory/non-participatory)	10/10	0	0	20
Healthcare leadership (strong/weak)	10/10	0	0	20
Healthcare governance (good/poor)	10/10	0	0	20
Healthcare financing (adequate/inadequate)	10/10	0	0	20
Healthcare infrastructure (adequate/inadequate)	10/10	0	0	20
Healthcare human resources (adequate/inadequate)	10/10	0	0	20
Healthcare information systems (adequate/inadequate)	10/10	0	0	20
Healthcare research and innovation (adequate/inadequate)	10/10	0	0	20
Healthcare quality improvement (adequate/inadequate)	10/10	0	0	20
Healthcare patient safety (adequate/inadequate)	10/10	0	0	20
Healthcare patient satisfaction (satisfied/dissatisfied)	10/10	0	0	20
Healthcare patient engagement (engaged/disengaged)	10/10	0	0	20
Healthcare patient empowerment (empowered/disempowered)	10/10	0	0	20
Healthcare patient education (adequate/inadequate)	10/10	0	0	20
Healthcare patient self-management (adequate/inadequate)	10/10	0	0	20
Healthcare patient decision-making (adequate/inadequate)	10/10	0	0	20
Healthcare patient communication (adequate/inadequate)	10/10	0	0	20
Healthcare patient collaboration (adequate/inadequate)	10/10	0	0	20
Healthcare patient partnership (adequate/inadequate)	10/10	0	0	20
Healthcare patient co-decision-making (adequate/inadequate)	10/10	0	0	20
Healthcare patient shared decision-making (adequate/inadequate)	10/10	0	0	20
Healthcare patient active participation (adequate/inadequate)	10/10	0	0	20
Healthcare patient meaningful participation (adequate/inadequate)	10/10	0	0	20
Healthcare patient authentic participation (adequate/inadequate)	10/10	0	0	20
Healthcare patient informed participation (adequate/inadequate)	10/10	0	0	20
Healthcare patient empowered participation (adequate/inadequate)	10/10	0	0	20
Healthcare patient collaborative participation (adequate/inadequate)	10/10	0	0	20
Healthcare patient participatory governance (adequate/inadequate)	10/10	0	0	20
Healthcare patient deliberative governance (adequate/inadequate)	10/10	0	0	20
Healthcare patient representative governance (adequate/inadequate)	10/10	0	0	20
Healthcare patient direct governance (adequate/inadequate)	10/10	0	0	20
Healthcare patient self-governance (adequate/inadequate)	10/10	0	0	20
Healthcare patient co-governance (adequate/inadequate)	10/10	0	0	20
Healthcare patient shared governance (adequate/inadequate)	10/10	0	0	20
Healthcare patient active governance (adequate/inadequate)	10/10	0	0	20
Healthcare patient meaningful governance (adequate/inadequate)	10/10	0	0	20
Healthcare patient authentic governance (adequate/inadequate)	10/10	0	0	20
Healthcare patient informed governance (adequate/inadequate)	10/10	0	0	20
Healthcare patient empowered governance (adequate/inadequate)	10/10	0	0	20
Healthcare patient collaborative governance (adequate/inadequate)	10/10	0	0	20
Healthcare patient participatory leadership (adequate/inadequate)	10/1			

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